

SEPTEMBER HOLIDAY PROGRAM - INFORMATION

Nature at Heart's Holiday program is designed to allow working parents to keep their children safe and active during school holidays. Our programs are educational and fun with many outdoor activities and nature games.

The program is suitable for kids between the ages 6 – 12 years old. Daily program involves outdoor and indoor activities. We encourage learning about nature through play and will always be active and outdoors when the weather permits us.

All our programs are hosted from 09h00 – 15h00, fully catered and include healthy snacks (Fruit in season e.g. apples and a muffin), a small lunch (e.g. Hotdog, vetkoek & mince, macaroni and cheese) and refreshments (1X Juice box, Oros/juices and water available throughout the day).

Our September holiday program is hosted at Durbanville Nature Reserve. See provisional planner below. A maximum of 30 learners will be booked on the program with a minimum of 2 facilitators (1 per 15 kids) per day.

DAILY PROGRAMME STRUCTURE:

09h00	Ice breaker games and getting to know each other
10h00	Snack Time
10h30	Outdoor/Indoor topic related activity
12h00	Lunch Time & free time
13h00	Nature Discovery Walk
14h00	Snack Time
14h30	Teambuilding games
15h00	END

ACTIVITIES MAY INCLUDE:

Guided nature walks each day, Group work, animal/puppet shows, Dance workshops, bird watching, scavenger hunt, Capture the flag, sling shot shooting, relay games, arts & crafts and many more. Some activities are weather dependent and may be moved around from day to day depending on the weather at specific time intervals. Our slow activities include educational movies, video clips and we also have a dedicated reading corner with many kids' books, board games, cards, puzzles and coloring pages.



PROGRAM OPTIONS & RATES PER LEARNER:

Programme options	Full Day 09h00 – 15h00	Half day 09h00 – 12h30
One Day option (any Day)	R300.00	R200.00
Three Day option (3 consecutive days only)	R850.00 (R50 discount)	R550.00 (R50 discount)

BOOKING & CANCELLATION POLICY

Our holiday programme is open to any nature enthusiast interested to learn about nature. Bookings will be taken from the date it has been made available by email or telephone. Once the individual has completed the booking form a 50% deposit is required to confirm their booking place. No deposit, no place on the programme.

When an individual can no longer attend the programme or any day thereof, a 48-hour notice to Nature @ Heart is requested to ensure that no cost is charged to the individual and to ensure full back payment of the deposit. When a cancellation is received on the day of the outing the individual will lose his/her full deposit, due to catering purposes.

For any further information about our holiday program please feel free to contact us.

PROVISIONAL PLANNER

Please note this is a provisional planner. Some activities and topics may be change around from day to day.

DATE	TOPIC	ACTIVITIES
DURBANVILLE NATURE RESERVE – 25 – 27 SEPTEMBER 2019		
Nature Calls		
Wednesday 25 Sept	Water, the key to life	We do fun water experiments to learn all about the importance of water, how water is transported through plants and lots more. Our fun games include playing with water. Be prepared to get wet!!
Thursday 26 Sept	Flower Power	We look at different flower parts under microscopes and magnifying glasses and we enjoy painting our favourite flowers. Our snack time include decorating your own cupcake, flower power style.
Friday 27 Sept	Wild@Heart	Our last day is all about having fun. Games, Games & more outdoor Games



C: 083 300 5146 | E: bookings@natureatheart.co.za | W: www.natureatheart.co.za

