

JUNE/JULY HOLIDAY PROGRAM - INFORMATION

Nature at Heart's Holiday program is designed to allow working parents to keep their children safe and active during school holidays. Our programs are educational and fun with many outdoor activities and nature games.

The program is suitable for kids between the ages 6 – 12 years old. Daily program involves outdoor and indoor activities. We encourage learning about nature through play and will always be active and outdoors when the weather permits us.

All our programs are hosted from 09h00 – 15h00, fully catered and include healthy snacks (Fruit in season e.g. apples and a muffin), a small lunch (e.g. Hotdog, vetkoek & mince, macaroni and cheese) and refreshments (1X Juice box, Oros/juices and water available throughout the day).

Our June/July holiday program is hosted at Durbanville, Bracken & Tygerberg Nature Reserve. See provisional planner below for reserves location and dates. A maximum of 30 learners will be booked on the program with a minimum of 2 facilitators (1 per 15 kids) per day.

DAILY PROGRAMME STRUCTURE:

09h00	Ice breaker games and getting to know each other
10h00	Snack Time
10h30	Outdoor/Indoor topic related activity
12h00	Lunch Time & free time
13h00	Nature Discovery Walk
14h00	Snack Time
14h30	Teambuilding games
15h00	END



ACTIVITIES MAY INCLUDE:

Guided nature walks each day, Group work, animal/puppet shows, Dance workshops, bird watching, scavenger hunt, Capture the flag, sling shot shooting, relay games, arts & crafts and many more. Some activities are weather dependent and may be moved around from day to day depending on the weather at specific time intervals. Our slow activities include educational movies, video clips and we also have a dedicated reading corner with many kids' books, board games, cards, puzzles and coloring pages.

PROGRAM OPTIONS & RATES PER LEARNER:

Programme options	Full Day 09h00 – 15h00	Half day 09h00 – 12h30
One Day option (any Day)	R300.00	R200.00
Three Day option (3 consecutive days only)	R850.00 (R50 discount)	R550.00 (R50 discount)
Five Day option (5 consecutive days only)	R1400.00 (R100 discount)	R900.00 (R100 discount)

BOOKING & CANCELLATION POLICY

Our holiday programme is open to any nature enthusiast interested to learn about nature. Bookings will be taken from the date it has been made available by email or telephone. Once the individual has completed the booking form a 50% deposit is required to confirm their booking place. No deposit, no place on the programme.

When an individual can no longer attend the programme or any day thereof, a 48-hour notice to Nature @ Heart is requested to ensure that no cost is charged to the individual and to ensure full back payment of the deposit. When a cancellation is received on the day of the outing the individual will lose his/her full deposit, due to catering purposes.

For any further information about our holiday program please feel free to contact us.

C: 083 300 5146 | E: bookings@natureatheart.co.za | W: www.natureatheart.co.za



PROVISIONAL PLANNER

Please note this is a provisional planner. Some activities and topics may be change around from day to day.

DATE	TOPIC	ACTIVITIES
DURBANVILLE NATURE RESERVE – 18 – 20 JUNE 2019		
Animals @ Heart		
Tuesday 18 June	My wild Pets	Kids learn about the differences between pets and wild animals. A fun interactive puppet show teaches kids about how to love, respect and care for all animals.
Wednesday 19 June	My favourite animal (Arts & Crafts)	Choose from a selection of animal crafts and enjoy making your favourite animal. A Treat will include decorating your own cupcake into your favourite animal.
Thursday 20 June	Discovering animals	Kids discover interesting facts about animals. Discovery race using our sense of smell, touch and sight to find objects and complete fun challenges.
BRACKEN NATURE RESERVE – 24 – 26 JUNE 2019		
Amazing Nature Discoveries		
Monday 24 June	All things small	Magnifying glasses & Microscopes. We have a look at the small hidden gems of nature and discover some new facts about flowers, leaves and insects you did not know.
Tuesday 25 June	Wild@Heart	Learn about nature while we play our legendary Wild@Heart games such as the amazing race, sling shooting, scavenger hunts and many more fun games.
Wednesday 26 June	The Art of Nature (Arts & Crafts)	We look at interesting art created by nature and make our own art from using only items from nature. A Treat will include decorating your own cupcake.
TYGERBERG NATURE RESERVE – 1 – 5 JULY 2019		
Nature Calls		
Monday 1 July	Biodiversity for life	Kids learn all about the importance of Biodiversity, we play fun games like musical chairs to learn all about nature. A fun Scavenger hunt will be hosted with our nature walk.
Tuesday 2 July	Chirping Birding	All about birds. a Bird watching nature walk will start our day with a high chirp. Sounds of birds, the big egg drop and of course some egg-a-thons and Bird Bingo.
Wednesday 3 July	My favourite animal (Arts & Crafts)	Choose from a selection of animal crafts and enjoy making your favourite animal. A Treat will include decorating your own cupcake into your favourite animal.
Thursday 4 July	Proudly South African	All about nature in South Africa. We play games and learn all about The big 5, springbok, blue cranes. We will be painting our National flag with our feet.
Friday 5 July	Wild@Heart	Our last day is all about having fun. Capture the flag, amazing race and Sling shooting.

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