

MARCH HOLIDAY PROGRAM - INFORMATION

Nature at Heart’s Holiday program is designed to allow working parents to keep their children safe and active during holidays. Our programs are educational and fun with many outdoor activities and nature games.

All our programs are hosted from 09h00 – 15h00, fully catered and include healthy snacks (Fruit in season e.g. apples and a muffin), a small lunch (e.g. Hotdog, vetkoek & mince, macaroni and cheese) and refreshments (1X Juice box, Oros/juices and water available throughout the day).

Our March holiday program is hosted at Durbanville & Tygerberg Nature Reserve. See provisional planner below to see where on which dates. A maximum of 30 learners will be booked on the program with a minimum of 2 facilitators (1 per 15 kids) per day.

The program is suitable for kids between the ages 6 – 12 years old. Daily program involve outdoor and indoor activities. We encourage learning about nature through play and will always be active and outdoors when the weather permits us.

ACTIVITIES MAY INCLUDE:

Guided nature walks each day, Group work, animal/puppet shows, Dance workshops, bird watching, scavenger hunt, Capture the flag, sling shot shooting, relay games, arts & crafts and many more. Some activities are weather dependent and may be moved around from day to day depending on the weather at specific time intervals. Our slow activities include educational movies and video clips and we also have a dedicated reading corner with many kids’ books, board games, cards, puzzles and coloring pages.



PROGRAM OPTIONS & RATES PER LEARNER:

Programme options	Full Day 09h00 – 15h00	Half day 09h00 – 12h30
One Day option (any Day)	R300.00	R200.00
Three Day option (3 consecutive days only)	R850.00 (R50 discount)	R550.00 (R50 discount)
Five Day option (5 consecutive days only)	R1400.00 (R100 discount)	R900.00 (R100 discount)



BOOKING & CANCELLATION POLICY

Our holiday programme is open to any nature enthusiast interested to learn about nature. Bookings will be taken from the date it has been made available by email or telephone. Once the individual has completed the booking form a 50% deposit is required to confirm their booking place. No deposit, no place on the programme.

When an individual can no longer attend the programme or any day thereof, a 48 hour notice to Nature@Heart is requested to ensure that no cost is charged to the individual and to ensure full back payment of the deposit. When a cancellation is received on the day of the outing the individual will lose his/her full deposit, due to catering purposes.

For any further information about our holiday program please feel free to contact us.

PROVISIONAL PLANNER

DATE	TOPIC	ACTIVITIES
DURBANVILLE NATURE RESERVE – 18 – 20 MARCH 2019		
Rhythms of Nature		
Monday 18 March	The joy of movement	We look at different way's animals move, we play fun games involving dances and movements.
Tuesday 19 March	The sounds of Nature	We use our senses to explore nature and listen to different sounds nature have to offer. A drumming workshops teaches us to listen to nature and create our own beat.
Wednesday 20 March	The Sound of Nature continues	We create our own musical instruments using recyclable material. Music shakers/wind chimes and much more fun arts & crafts ways of making music.
TYGERBERG NATURE RESERVE – 25-29 MARCH 2019		
Nature Calls		
Monday 25 March	Animal classification	We have a quick look at different types of animals and we learn all about the classification of animals.
Tuesday 26 March	Chirping Birding	All about birds. Sounds of birds, the big egg drop and of course some egg-a-thons. a Bird watching nature walk will end our day with a high chirp.
Wednesday 27 March	Cool Reptiles	We learn all about reptiles during a fun interactive reptile show. Create your own snake out of recyclables and enjoy a nature walk looking for different reptiles.
Thursday 28 March	Crazy Insects	All about insects, in nature!!
Friday 29 March	Wild@Heart	Our last day is all about having fun. Capture the flag, amazing race and much more.

