

**SUMMER HOLIDAY PROGRAM - INFORMATION**

Nature at Heart's Holiday program is designed to allow working parents to keep their children safe and active during holidays. Our programs are educational and fun with many outdoor activities and nature games.

All our programs are hosted from 09h00 – 15h00, fully catered and include healthy snacks (Fruit in season e.g. apples and a muffin), a small lunch (e.g. Hotdog, vetkoek & mince, macaroni and cheese) and refreshments (1X Juice box, Oros/juices and water available throughout the day).

Our December/January holiday program is hosted at Tygerberg Nature Reserve. Totius street, Welgemoed (see map attached). A maximum of 30 learners will be booked on the program with a minimum of 2 facilitators (1 per 15 kids) per day.

The program is suitable for kids between the ages 6 – 12 years old. Daily program involve outdoor and indoor activities. Please note that we might move around activities and topics to accommodate extreme weather (Summer heat/winter rains). We encourage learning about nature through play and will always be active and outdoors when the weather permits us.

**ACTIVITIES MAY INCLUDE:**

Guided nature walks each day, Group work, animal/puppet shows, Dance workshops, bird watching, scavenger hunt, Capture the flag, sling shot shooting, relay games, arts & crafts and many more. Some activities are weather dependent and may be moved around from day to day depending on the weather at specific time intervals. Our slow activities include educational movies and video clips and we also have a dedicated reading corner with many kids' books, board games, cards, puzzles and coloring pages.



**PROGRAM OPTIONS & RATES PER LEARNER:**

Programme options	Full Day 09h00 – 15h00	Half day 09h00 – 12h30
One Day option (any Day)	R250.00	R190.00



## BOOKING & CANCELLATION POLICY

Our holiday programme is open to any nature enthusiast interested to learn about nature. Bookings will be taken from the date it has been made available by email or telephone. Once the individual has completed the booking form a 50% deposit is required to confirm their booking place. No deposit, no place on the programme.

When an individual can no longer attend the programme or any day thereof, a 48 hour notice to Nature@Heart is requested to ensure that no cost is charged to the individual and to ensure full back payment of the deposit. When a cancellation is received on the day of the outing the individual will lose his/her full deposit, due to catering purposes.

For any further information about our holiday program please feel free to contact us.

## PROVISIONAL PLANNER

### DECEMBER HOLIDAY PROGRAMME PLANNER

DATE	TOPIC	ACTIVITIES <small>(Please note this is a provisional planner and that we are hosting during Winter. Some activities and topics are weather permitted and may be moved around from day to day to accommodate weather).</small>
<b>NATURE CALLS: 13 &amp; 14 DECEMBER 2018</b> Birds and snakes, all about nature, in nature!		
Thursday 13 Dec 2018	Chirping Birding	We look at all things birds, from nests, eggs and more. Our activities include bird watching, egg-athons, Egg drop, bird bingo and many more fun birding activities.
Friday 14 Dec 2018	Ssss Ssss Snake!	We learn about different snakes and play games while we learn all about these interesting creatures. Activities include snake arts&crafts, snake identification and many more!
<b>RHYTHMS OF NATURE: 7 &amp; 8 JANUARY 2018</b> The sounds of nature are music to our ears, we look at all the different dance moves and sounds nature provides.		
Monday 7 Jan 2019	The sounds of Nature	We learn about using our senses and listening to all the wonderful sounds nature provides.
Tuesday 8 Jan 2019	The joy of movement	We learn all about the different ways animals move, moving for communication, hunting etc.

