

## FULL MOON WALK & MOON GAZING EVENT

### WINTER SOUP NIGHTS

This event is designed in order for any nature enthusiast from young to old, to experience nature and view the beautiful night sky and the City of Cape Town at Night. The full moon walk & moon gazing event is hosted in Tygerberg nature reserve and aimed to teach our community about our natural environment, to create a sense of care for nature and encourage the conservation of biodiversity. This event is open to the public, but bookings are essential. It includes lights refreshments, soup & bread and a 1 hour guided night walk (±2-3km) which allows you to explore nature at night.

#### Nature@Heart's Full moon walk & moon gazing event information:

- Venue:** Kirsto Pienaar Environmental Education centre - Tygerberg Nature Reserve, Welgemoed entrance, Totius Street, Welgemoed.
- Cost:** R100 per adult (18+) and R70 per child (3 – 17yrs.). This includes: Reserve entry, guided night walk & moon gazing, Soup and refreshments.
- Bookings essential with a 50% booking deposit required to confirm the booking.
- Walk:** The guided walk is a ±45min easy walk for young and old of all ages, but do keep in mind that Tygerberg is situated on a hill so there will be many of uphill to get to the viewing areas.

We regret no alcohol is allowed, our snacks and refreshments include coffee, tea, Hot Chocolate, water, and a bowl of soup. Feel free to bring along a picnic basket if you feel this is not enough.

## DATES AND TIMES

| Date    | Gate entrance only | Guided walk | Sunset | Moonrise |
|---------|--------------------|-------------|--------|----------|
| 28 June | 17h30 – 18h00      | 19h00       | 17h46  | 18h12    |
| 27 July | 17h30 – 18h00      | 19h00       | 18h03  | 17h50    |

Soup will be served from 18h00 – 19h00 and the event should finish at 20h30. Please note that the event is weather permitted and that Nature@Heart cannot assure view of the moon on cloudy nights. Our guided nature night walks will however still continue on cloudy nights and soup will still be served on soup nights when it rains.

### CANCELLATION POLICY

Bookings will be taken from the date it has been made available by email or telephone. Once the individual has confirmed attendance via phone or email of their presence at this event a 24 hour cancellation policy will apply. A 50% booking deposit is required to confirm your booking.

When an individual or group can no longer attend the event he/she has confirmed attendance of, a 24 hour notice to Nature@Heart is requested to ensure that no cost is charged to the individual and deposit reimbursed to group bookings. When a cancellation is received on the day of the outing the individual will be liable for his/her full booking cost and the 50% deposit will be lost. No show bookings will also be charged. In the event of very bad weather Nature@Heart might have to cancel the event and will inform all participants by sms. No fees will be charged and booking deposits will then be reimbursed.

For any further information feel free to contact us

## CHECKLIST & IMPORTANT INFORMATION

### What to bring along:

- All participants should wear closed and comfortable walking shoes.
- Rain jacket/ warm items
- Refillable water bottle and Back pack for guided walk
- Headlamp/Torch
- Any person with a known allergy should ensure that they have any medication/epipen or similar on them at all times during the visit.

### Other notices:

- Entry to the particular nature reserve is on own risk. Nature@Heart nor the City of Cape Town will be liable for any loss of personal belongings or injury to any person entering the nature reserve.
- Please read through the Nature reserve's Code of Conduct, any person not adhering to it will be asked to leave the nature reserve and be escorted out.
- Gate closes at 21h30, any person not adhering to the time of closure and are found to be in the nature reserve after this time, will be charged with trespassing.

**Important** – Please note that if this checklist is not adhered to, the person will **not** be allowed to participate in activities where non-compliance poses a threat or risk to the person. Visitors are also encouraged to report any threat or risk that they feel may need precautionary measures.

### 1. On our fauna and flora:

- Teasing or throwing objects at animals is strictly prohibited
- Picking of or damaging any plants, animals, nests etc. is strictly prohibited

### 2. On our environment:

- No littering or dumping of rubbish
- No smoking in non-designated smoking areas. Please note that most reserves do not allow smoking on the premises
- All waste and rubbish must be placed in a waste bin or taken away with you
- No pollution of water
- No lighting of fires without permission. Fires must be controlled and extinguished properly

### 3. On guided walks / school groups:

- Walk quietly behind the leader
- Switch cell phones off or on silent (an emergency contact should be provided to the group leader on arrival)
- No food or drink allowed unless instructed to do so on a guided walk or otherwise
- Dress in school/suitable clothes and wear suitable shoes and hats
- No running or unruly behaviour – hygiene and cleanliness are expected in our restrooms
- No wandering off pathways
- Groups are to follow the instructions of the People and Conservation Officer at all times, who will brief you on any additional safety and code of conduct matters

### 4. General:

- No hindrance or obstruction of any authorised officer in the execution of his duties
- No damaging or destruction of property, fences or natural objects (including no graffiti)
- No weapons, traps, explosives or any other object of this kind allowed
- No pets allowed unless you have written permission from the Reserve Management
- When walking in the veld, use footpaths where provided
- No disturbance, nuisance or hindrance to any other visitor, animal, bird etc.
- No swimming, fishing or camping without the written permission of Reserve Management (or within designated areas)
- No alcohol or any form of recreational drug allowed.

